

Unit1: Ourselves Periods Allotted = 57

= Learning Competencies = Learning Outcome

make rel	levant observations by smelling
be aware	of the dangers of smelling
Identify	objects by touch
describe	coarse/ smooth, warm/cold
make rel	levant observations using taste
be aware	of the dangers of tasting
describe t	the tastes of common substances
make rel	levant observations using hearing
identify c	common sources of sound
make rel	levant observations using sight
prepare c	olors using leaves and flowers
identify a	at least seven colors
identify s	sources of colors
identify s	sources of light
explain t	he function of sense organs
name the	five sense organs
demonstr	rate prevention methods of some common diseases
describe j	precautions to avoid diseases
name son	ne common diseases
explain t	he importance of basic needs
list the ra	w materials shelters
list the ra	w materials for clothing
list the th	ree basic human needs
care for	external body parts
tell the fu	inctions of external body parts
name the	ir external body parts
chow the	ir external body parts